

The Relief Zone, Inc.

Community Youth Center

April 2015

Growth and Transition

Inside this issue:

Young Minds Tutoring	2
Summer Day Camp	3
Saturday Teen Outreach Program	3
JumpStart & After School Programs	3
4rd Annual Golf Tournament	4
3rd TRZ Kidz Fun Run/5K/10K	5
TRZ Fund Endowment	6



Remember These Dates

- Accepting Registrations for TRZ Kidz Summer Day Camp 6/29–8/28
- Weber Gas Grill Raffle April 13-May 1st
- 4th Annual Golf Tournament: July 18
- TRZ Kidz Fun Run/5K/10K: August 8
- Pig Roast: August 16

The past two years have been a time of incredible growth here at The Relief Zone. Our children's programs (Jumpstart, Afterschool, No School Dayz, Half Dayz, Tutoring, and Summer) have grown and expanded beyond our wildest dreams. Currently 40% of the children attending RHJ Elementary school are registered for our children's programming. Due to this growth Susan Rowley has joined our staff as our Children's Program Manager. Sue has been a welcome addition to our staff and has spent the last year implementing and upgrading policies, procedures and safety measures. In January we received a visit from the New York State Office of Children and Family Services. We were commended on the amazing children's programming that we are providing to the community. We were also informed at that time that due to the growth and expansion of these programs we would now need to be licensed by the State of New York. During the application process we have had to shuffle our programming around to be compliant with the state. The Young Minds Tutoring Program has been temporarily relocated to Zion Lutheran Church until we obtain our license. The Frewsburg Central School District has collaborated with us by providing busing for the students from RHJ to Zion and from Zion to TRZ when tutoring is completed. A big thank you goes out to both Zion Lutheran Church and the Frewsburg Central School District for making this a smooth transition and for making it possible to keep the Young Minds Tutoring Program operating during our licensing process.

The Saturday Teen Outreach Program (STOP) has grown and is reaching 20-30 youth each week. Jason Wood and Evan Oakes, the coordinators of the program, have made a lasting impact on the lives of the youth in our community. They saw the need for further programming and launched a new program in 2014. REACH is a program for young adults, post high school to age 30, which meets on Friday nights at TRZ from 7-10pm. The group

participates in social activities, outings, studies, worship nights, etc.

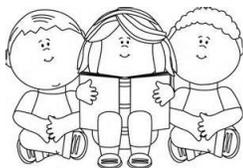
It has been such an honor and blessing to be a part of The Relief Zone and its history. In 2005 when TRZ received a \$50,000 Compassion Capital Grant to set up the organization and structure of the business, we were only running the STOP program. At that time we had an annual operating budget of \$1,500. Currently we have multiple programs for children, youth, and adults. The Relief Zone employs 30 staff and serves over 300 individuals through programming on a weekly basis. The facility is utilized by the community for church services, cub scouts, Narcotics Anonymous, Zumba, VITA Tax Preparation, and much more. The operating budget for 2015 is over \$250,000. One third of these funds are brought in through grants, one third through donations, and one third through program fees. It is so heartwarming to see our community embracing and supporting TRZ programming that has proven to be a vital asset to the lives of those in our community.

I have been fortunate to have the opportunity to get involved with The Relief Zone in its early stages. As a member of the community and a youth director at a local church, I was able to volunteer for the STOP program and utilize the facility for youth group meetings. When I came on staff in 2005 I embraced the vision/mission of TRZ and had a dream of what God could do with The Relief Zone. Today, in 2015, I am seeing that God has brought that vision and dream to fruition and beyond. I truly believe that we have only seen a glimpse of what God can, and will do here. I am humbled and blessed to be along for the ride, and cannot wait to see what God has in store for the future of TRZ.

Lisa Lyon, Director of Operations

Michelle Pitts—TRZ Board Member

Frewsburg is a truly great place to live & raise a family. I can honestly say this from experience. I am a fourth generation product born and raised in the 'Burg. My great grandparents came to the Frewsburg & Ivory area in the 1800's. Since then, our family has grown. Many of us have chosen to continue the tradition by living in the Frewsburg district & raising our own families. So- how or why is it that I came to join the TRZ board? It all comes down to our community and our children. I remember growing up on Frew Run Road where all of my neighbors knew me, my family and the other kids in the neighborhood & looked out for us. We kids played in the creeks, on the playgrounds and at the town park. We played T-ball, little league and participated in vacation bible schools. We took out books at



There has been a lot of excitement in the tutoring world here at TRZ! Our Young Minds Program is currently being held at the Zion Lutheran Church. We are so grateful for their hospitality and willingness to let us use their facilities for the second half of the school year. Mary Baker and Carrie Cusimano are co-coordinators for the program. Tutoring is held 4 days a week and works with approximately 40 students, grades K-6th. Our program is focused on helping students

Myer's Memorial Library. Our community was important to our upbringing. As I raise my own children, I want them to experience some of those same things that I (and my siblings and friends) did. TRZ is a wonderful asset to this community! It brings kids and the community together in a safe & positive way. It focuses on positive choices for children and focuses on God's work in our lives! I am so glad that we can include all of our children regardless of their religion, race, size, socio-economic status. This is where our children can learn to get along, play together and help to make our Frewsburg community the kind of place we all want to continue to raise our families in. Hopefully our children will continue that tradition as they grow up & have their own families.

Young Minds Tutoring Program

complete homework assignments and engage in supplemental educational activities. To enhance basic skills. Our tutors work hand in hand with teachers to address problem areas students may have. Currently, efforts are gearing up for the NYS exams for third and sixth graders. The tutoring staff has enjoyed getting to know the students this year. We would like to take this opportunity to thank everyone, community and parents, for your continued support of Young Minds Tutoring.

TRZ Kidz Summer Day Camp

As the summer of 2015 nears, we are looking forward to another fun and exciting experience. The TRZ Summer Day Camp offers a safe, nurturing environment for students K-6. Our day camp provides children the opportunity to meaningfully engage with caring adults and other children. While taking part in a variety of activities including: crafts, swimming, outdoor games, & reading, children will be engaged in practicing personal etiquette, life skills and tutoring. Once again, tutoring activities will be part of the day

camp experience. Last year, the children had so much fun building science, math, reading and writing skills participating in engaging experiments and projects. Elizabeth Von Wald, MSED will be our new TRZ Summer Coordinator. Ms. Von Wald has extensive experience in special education, children's ministry and human services. We are confident that her knowledge of children and ability to develop fun, exciting programs make her a perfect fit for our growing program.

TRZ Kidz Programming

Jumpstart Before school program: Coordinator, Anna Swanson. K-6th grade students. Monday- Friday 6:00 -9:00 following the Frewsburg School Calendar. Cost \$3.00 per session.

After School Program: Coordinator, Laurie Swanson. K-6th grade students. Monday- Friday 3:15~5:30pm following the Frewsburg School Calendar. Cost

\$3.00 per session.

Half Dayz/No School Dayz:--Child care for children in K-6th grade. Dates TBA. Following the Frewsburg School calendar. Cost \$15 per half day, \$25 per full day.

The kids are bussed to/from RHJ School. Children are provided with a healthy snack.

REACH

REACH has been going very well. We have been meeting Fridays from 6-10pm for a year now. We have studied Ephesians and James. We also completed a Chip Ingram study, "Why we believe". Every other month we have a worship night. Thank you for your support and prayers!

* **13** If thou prepare thine heart, and stretch out thine hands toward him; **14** If iniquity be in thine hand, put it far away, and let not wickedness dwell in thy tabernacles. **15** For then shalt thou lift up thy face without spot; yea, thou shalt be steadfast, and shalt not fear : Job 11:13-15

STOP Saturday Teen Outreach Program

The STOP program is going very well. We have 20 plus youth attending weekly. Our worship leaders and speaker s have been drawing all of us nearer to God. STOP is for grades 7 to 12 and we meet Saturdays from 7 - 10pm. Thank you everyone for all of your support and prayers.

* He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." Psalms 46:10



TRZ Golf 4th Annual Tournament

When: Saturday July 18, 2015

Tee off 8am sharp!

Where: Cable Hollow Golf Course

The format will be a 4 person scramble and we will tee off at 8am sharp. The cost is \$60 per person or \$240 per team. The price includes a continental breakfast at registration, hot dogs & beverage at the turn, Prime Rib dinner at The Relief Zone immediately after the tournament, and a donation to TRZ for each participant registered to play. There will be prizes for 1st, 2nd & 3rd place and hole prizes for closest to the pin, longest drive, closest to the water without going in, shortest drive,

longest putt, closest to the pin second shot and more as prizes come in.

Your participation helps TRZ to serve over 300 students and their families weekly. Our program schedule includes; before and after school groups, tutoring services, Saturday night activities, and summer day camp. TRZ also hires 35 local people to run these programs. If you are interested in being a Friend of TRZ, golfing or sponsoring a tee or green please contact Ron Lemon by e-mail at rlemon1@stny.rr.com, 716-499-8549, or you can contact TRZ at 716-569-2614. The field is filling up fast, so don't hesitate, sign up today.

If you watch a game, it's fun. If you play it, it's recreation. If you work at it, it's golf.

Bob Hope



Tops Cash for Causes

The Relief Zone, Inc. will be taking advantage of a terrific opportunity offered by Tops Markets. You, your family and friends can purchase gift cards for Tops and TRZ will receive 5% of every card sold. We are asking that you consider making your weekly or monthly Tops Markets budget amount through the purchase of our gift cards. The gift cards can be used just like cash or check at Tops.

- Your bonus card still gains bonus points when you use your purchased cards.
- The gift cards can be used at Tops gas station for fuel purchases.

- Would your friends and family consider using the gift cards for upcoming holiday grocery shopping?
- All gift card orders **must be prepaid** by check or cash. Cards are available within 4 days for distribution to your friends and family.
- Gift cards may be ordered on a weekly basis for the convenience of family and friends.
- If needed, TRZ does have gift cards on site available for immediate pickup.

Example: Buy one \$100 gift card = \$5.00 for TRZ

Raffle

Grand Prize: Weber Gas Grill (retail \$500) 1st - Meat Package (donated by Maplevale Farms) 2nd - \$100 Cycle Shop gift certificate, 3rd - Grill cover & Grill tool set, 4th - Screwdriver set, 5th- \$20 Tops gift card

3 chances for \$5 (3 stubs are on 1 ticket) 1000 tickets to be sold. Will be drawn on Friday May 1st @ 5 pm at TRZ. Will pick some kids to draw the winners.



Need a place to hold
your child's birthday party?

TRZ is a great place to hold your child's party. A suggested usage donation of \$ 50 is requested. TRZ is a smoking/alcohol free zone. Subject to availability, please call Lisa at 569-2614.

3rd Annual TRZ 5K/10K/Kids Fun Run/Walk



Saturday, August 8th

Registration / Check in 7:30 - 8:30 AM

1 Mile Kids Fun Run & Walking Event: 9:00 AM

5k / 10k Runs: 9:30 AM

Awards: 11:00 AM (approx)

Fees: Kids' Fun Run: \$15.00 5k Walk/Run: \$20.00, 10k Run: \$25.00

(Fee includes t-shirt for preregistered runners & light refreshments after the race)

Race Location (Start / Finish / Parking):

Frewsburg Fireman's Grounds, Hazzard St., Frewsburg, NY 14738

Register at: www.thereliefzone.org

Or

Race-day and mail-in payment should be submitted to: The Relief Zone, Inc. and can be dropped off at or mailed to:

The Relief Zone, Inc., 5 Frew Run, P.O. Box 334, Frewsburg, N.Y. 14738
(716-569-2614).

Note: Registration in person or by mail by cash or check only.

Prizes will be awarded to overall male and female winners.

Male and female winners in age brackets as follows:

Kids Fun Run, 19 & under,

20-29, 30-39, 40-49, 50-59, 60-69, 70 +

Join us afterwards for a picnic lunch. Runners are free and spectator food tickets are \$5. Price includes: Hot dog or hamburger, salad, fruit, chips, water or Gatorade.

TRZ Annual Pig Roast

Sunday, August 16th, 12-4pm

Pulled pork sandwich, corn on the cob, baked beans, applesauce, and homemade pie (Hot Dogs will also be available) Adult tickets-\$8 Children under 12-\$5 Children under 3-Free Come enjoy great food and music! There will be giant inflatable Funny Farm for the children to enjoy, a Chinese auction and much more! Please, come join us and check out all that TRZ has to offer!

The Relief Zone, Inc



"Our vision is for Christian faith to be so interwoven into the fabric of our community, that it colors our children's entire lives."

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WE ARE ON THE WEB!

WWW.THERELIEFZONE.ORG

The Relief Zone, Inc. is a 501c3 not for profit community based youth center in the heart of the Town of Carroll. Affectionately known as "TRZ" to the youth we serve through our many programs, The Relief Zone has become an integral part of the local community over the past 14 years. It is the mission of The Relief Zone, Inc. community youth center to engage; impact and serve the youth and adults of The Town of Carroll. TRZ's programs meet an array of needs in our community and, importantly, provide an alternative to dangerous or delinquent activities for youth. We want to encourage youth and see them mature both socially and educationally.

In order to meet the various needs of not only our youth, but also our community, TRZ provides services year-round at no or minimum cost to the participants. TRZ is a multi-purpose facility equipped with basketball and volleyball courts, ping-pong tables, video games, a computer center, and various other activities. Much needed programs such as our TRZ Kidz before & after school, Saturday Teen Outreach Program, Young Minds K-12 tutoring and a TRZ Kidz summer day camp positively affect the youth in our community.

TRZ Endowment Fund

The purpose of this endowment fund is to support the charitable efforts of The Relief Zone and its impact on the Town of Carroll's youth and families now and into the future.

We hope that you feel as we do that The Relief Zone is a community treasure worth sustaining. Your consideration to pledge your support is appreciated.

Make a Charitable Gift Now - Your tax deductible gift to The Relief Zone Fund can support our efforts. Memorials and Honorariums are encouraged.

Create a Charitable Bequest -

The establishment of a charitable bequest in your Will can support our efforts after your lifetime. A charitable bequest can be made by:

- Gift a percentage of your estate
- Gift a specific asset
- Gift the residue of your estate

Make a Charitable Gift Annuity—make a gift of cash or marketable securities to the Chautauqua Region Community Foundation now and get immediate tax benefits, and ensure that you or a loved one receive fixed quarterly income payments for life. Upon your death, the remainder of your gift will be endowed with the CRCF for The Relief Zone, Inc.

These are tangible ways to have a lasting impact on the young people and families in our community.

Thank you.



